



FITNESS TRACK - GENERAL INFORMATION

1. Fitness track passes are valid for one year from date of purchase. Pass holders must be prepared to present their pass to staff upon request. Fitness Track users can purchase the passes at the K.C. Irving Regional Centre Box Office or Administrative office.
2. **Fitness Track hours of operation:** As posted weekly and available in the main lobby and on the website (www.bathurst.ca).
3. **Etiquette Rules:**
 - Walkers are to proceed with a maximum of two (2) persons side-by-side ;
 - Outside lane is for passing and joggers/runners;
 - Fitness Track users must be mindful of those around them before turning or leaving the track;
 - All walkers must proceed in the same direction:
 - Mondays, Wednesdays, Fridays, Sundays: **CLOCKWISE;**
 - Tuesdays, Thursdays, Saturdays: **COUNTER CLOCKWISE;**
 - Joggers/runners are required to run on the outside lane, **in the direction opposite of walkers;**
 - Children under 12 years old must be accompanied by a parent (free of charge for the child);
 - Youth/School groups must be accompanied by a supervisor (parent/teacher/coach, etc.);
 - Personal articles should not be left hanging on railing;
 - Skates must not be carried while using the Fitness Track;
 - **Fitness Track users must be mindful of other users at all times;**
 - The Fitness Track may be occasionally closed due to events;
 - 7 times around the Fitness Track = 1.6 km (1 mile).

The K.C. Irving Regional Centre is not responsible for lost, stolen or damaged items.

K.C. Irving Regional Centre Management